



August 9-11, 2012

**Basic Skills, Competitive Test Track,
Well-Balanced Free Skating and Adult Events
Showcase Artistic & Light Entertainment**

New Location for 2012!

County Ice Center

5201 South Murray Park Lane

Murray, Utah

Location of the Central Pacific Regional!

Chief Referee: Rick Perez

Chief Accountant: Sandy Hopson

Hosted by Salt Lake Figure Skating and Murray Silver Blades Figure Skating Club

ENTRY POSTMARK DEADLINE: Friday, July 6



2012 SKATE SALT LAKE

AUGUST 9-11, 2012

LOCATION: County Ice Center, 5201 South Murray Park Lane, Murray, Utah. The ice surface is enclosed and is 200' X 100' with slightly rounded corners. A snack bar will be open during competition. Dressing rooms are available. There is bleacher seating and admission is free. County Ice Center is the location for the Central Pacific Regional Championship held in October 2012.

COMPETITION EVENTS: Well-balanced Free Skate Program Track, Competitive Test Track, Basic Skills Free Skate, Showcase Artistic and Showcase Light Entertainment.

ELIGIBILITY: Skate Salt Lake is open to all eligible skaters. All competitors must be current members of US Figure Skating at the time of event (including Basic Skills participants). Test qualifications and age restrictions will be effective as of the closing date, July 6, 2012. The skater may skate one level above his or her current level.

SANCTION: 2012 Skate Salt Lake is sanctioned by U.S. Figure Skating. This competition will be governed by all rules applicable to the 2012-13 competitive season except as noted in this Announcement. Rule numbers specified in this Announcement may be found in the 2012 U.S. Figure Skating Rulebook, which may be different from the 2013 Rulebook. New rules adopted at Governing Council in May 2012 will be followed in accordance with their effective dates. These changes are available on the U.S. Figure Skating website, www.usfigureskating.org, in advance of the publication of the 2013 Rulebook. Salt Lake Figure Skating and Murray Silver Blades Figure Skating Club are co hosting Skate Salt Lake.

ENTRY FEES: Short & Long Free Skate programs will be judged as combined events. All other events will be judged as individual events. The Free Skate is considered to be the first event.

Free skate Levels

Basic Skills (Snowplow, Basic 1-8, Free skate 1-6)	\$60.00
No-Test through Pre Juvenile, Adult, Competitive Test Track	\$75.00
IJS: Juvenile, Open Juvenile through Senior, Adult Gold	\$95.00
Showcase as first event (Free skate 1-6 through Senior and Adult)	\$60.00
Each Additional Event* (Showcase)	\$35.00

*If entered, Free Skate events are designated the first event.

ENTRIES: Notification of competition and practice ice times will NOT be available by phone or mail. Schedules will be available online at www.saltlakefigureskating.com.

Two entries in a division will constitute an event per US Figure Skating rules. The competition committee reserves the right to limit the number of entries in a category and to combine or divide groups as necessary. The committee may eliminate events due to insufficient entries or limitation on the availability of ice time

Events with large number of entries may split into multiple groups at the discretion of the Referee and the LOC. Short Program and Free skate will be skated as combined events for Intermediate and above. If necessary, qualifying rounds for Intermediate, Novice, Junior and Senior level events will be held and consist of the Short Program and Free skate, and final rounds will consist of the Free skate only. The number of skaters advancing to the final round for Juvenile through Senior-level events will be in accordance with Rule 2466.

Late entries may be accepted with the approval of the Referee and the Competition Chairperson, and will require a \$25.00 late entry fee. A fee of \$25.00 will be charged on any returned checks, and future payments must be made in cash or money orders. Skaters will not be allowed to practice or compete until all payments are current.

EVENT SCHEDULE: A tentative schedule of events and practice ice times will be posted online at www.saltlakefigureskating.com as soon as they are available. All skaters should confirm their event times at the registration desk. Skaters should check in at the Registration Desk at least 45 minutes prior to their scheduled event time.

REFUNDS: No refunds will be given for any reason whatsoever after the registration closing date of July 6, 2012. Skaters who are the only entrant in an event may be allowed to compete at the Referee's discretion if time permits. If the solo entry skater is offered and accepts the opportunity to compete, fees will not be refunded. The skater will be judged, receive scores and their award. Note: The withdrawal of competitor(s) in an event within 48 hours of the event start will not change the status of an event as long as one skater remains; no event will be cancelled with at least one competitor, and no refunds provided, within 48 hours of the competition event.

COACH REGISTRATION: All coaches must comply with the Coaches Registration Policy in order to be allowed to instruct and coach at rink side for this competition. Coaches will need to check in at the Registration Desk and show a U.S. Figure Skating Coach Registration Card and picture ID. If a coach has not registered by July 1, 2012, and does not have written evidence of that registration or a Registration Card, that coach will not be allowed to instruct or coach at rink side for this competition. Coaches who are under 18 years of age and who only have Basic Skills students are exempted from this requirement.

PRACTICE ICE:

Practice ice is \$10.00 per 30 minute session if pre purchased and the form is turned in by July 6, 2012. Additional practice ice may be purchased once the schedule has been posted for \$15.00 per 30 minute sessions. NO REFUNDS will be issued for those who do not appear for their reserved session. Additional information for practice ice can be found on page 13.

MUSIC: All competitors must provide their own music on CD's (No CD-RW's), one event only per CD for all free skating and showcase events. The CD must be plainly marked with name, event. Please bring two copies of each CD. Music should be turned in at the registration table one hour before the event to be skated and picked up following the event. Salt Lake Figure Skating will not be responsible for any music not picked up by the skater.

OFFICIAL NOTICES: A bulletin board will be maintained in the lobby area of the arena and shall be considered sufficient notice to competitors. The skating order for each event shall be posted a minimum of 12 hours prior to the start of the event. Please check the bulletin board for any schedule changes and official notices. Notices and a tentative competition schedule will also be posted on the website at www.saltlakefigureskating.com.

SCHEDULED EVENTS: Under US Figure skating rules, two entries are required to hold an event. Single entries will be scheduled to skate their events and receive an award. Groups may be divided or combined at the discretion of the referee. Skating order will be posted at the first official practice ice. The names of other competitors and the actual group in which each is skating will not be posted until the first official practice. This information will not be available by telephone.

ADMISSION: There is no admission charge to any of the events.

JUDGING: The ISU Judging System (IJS) will be used for all well balanced free skate level events at Juvenile, Open Juvenile through Senior levels and Adult Gold levels. **Juvenile, Open Juvenile through Senior, and Adult Gold level skaters must submit a program content form by July 31, 2012.** There will be a \$10.00 late fee if the form is submitted late. Updates to the announcement shall be posted on our website, at www.saltlakefigureskating.com. Basic Skills, No-Test through Pre Juvenile Free skate, Test Track events, Adult Free Skate Silver and below, and all Showcase will be judged using the 6.0 system.

REFEREE: The decision of the referee on all matters will be final. The referee, along with the competition co-chairs, shall have the right to exclude any person whose behavior is unruly or not sportsmanlike. All technical events below the Juvenile level and all Artistic events will be split into groups at the complete discretion of the Referee taking into account the number of entries and the ages of the skaters.

AWARDS

All skaters placing 1st, 2nd, 3rd and 4th will receive medals. For Singles and Pairs events with Short and Free programs, the final *combined* results will determine awards (i.e., no awards will be given for individual SP or FS placements in these events).

ANNETTE BARNES AWARD: Annette Barnes was one of the founding board members and President of SLFS. She played a vital role in moving the club from the Utah Olympic Oval to the Salt Lake City Sports Complex. In appreciation of her many years of service and dedication to our club and the sport of Figure Skating, this award will be given at the conclusion of this years Skate Salt Lake competition. This award will be presented to an Intermediate skater that best demonstrates artistry, expression and presentation and who best shows a love for the sport of Figure Skating.

VIDEOTAPING AND PHOTOGRAPHY: Professional videotaping and action photographs will be available for purchase. Medals will be presented by group, following posting of scores. Skaters may also purchase individual still and action photos. No flash photography is allowed in the rink area during competition. Flash photography is dangerous to the skaters. The competition committee reserves the right to remove anyone from the rink who ignores requests and warnings regarding the use of flash photography. In addition, there will be no personal videotaping of other competitors during the competition. Awards photos are optional - a podium will be available for personal or group photographs.

ACCOMMODATIONS: The following hotel is close to the rink, and may have special rates available for competitors:

Crystal Inn Hotel and Suites Midvalley

818 Winchester Street
Murray, Utah 84107

1-888-685-9300 for reservations

www.crystalinnmidvalley.com

QUESTIONS REGARDING THE COMPETITION:

Competition Co Chair/Registrar: **Tiffany King** tiffinutah@hotmail.com
Competition Co Chair/Practice Ice: **Jennifer Lewis** jlewis3376@msn.com
Chief Referee: **Rick Perez** rjperez@pacbell.net

BASIC SKILLS FREE SKATE DIVISION

ALL EVENTS ARE OPEN TO SKATERS OF ALL AGES. The competition is open to all skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills Skaters through Basic 8 must skate at highest level passed and no official U.S. Figure Skating tests may have been passed including MIF or individual dances. The same restrictions apply to all skaters, including but not limited to skaters taking private lessons. Where entries permit, groups will be divided by gender and age. Adults are welcome and are strongly encouraged to participate. All events are Well-Balanced Free Skate program events. Basic Skills division Snowplow Sam – Basic 8 level Free Skate programs may be skated to instrumental or vocal music and will be 1:00 minute in duration (+/- 10 seconds). All levels will be performed on full ice.

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise stated. Elements from a previous level are permitted; however, elements from a higher level are prohibited and a .2 deduction will be taken for each element performed from the higher level. Each program must contain the following required elements to be skated in any order (taken from the U.S. Figure Skating Basic Skills handbook).

SNOWPLOW SAM:

1. March Followed by a Two-Foot Glide and Dip
2. Forward Two-Foot Swizzles 2 - 3 in a Row
3. Backward Wiggles 2 - 6 in a Row
4. Forward Snowplow Stop

BASIC 1 FREE SKATE:

1. Forward Two-Foot Glide and dip
2. Forward Two-Foot Swizzles 6 – 8 in a Row
3. Backward Wiggles 6 – 8 in a Row
4. Forward Snowplow Stop

BASIC 2 FREE SKATE:

1. Forward One-Foot Glide (either foot)
2. Two-Foot turn in place – Forward to Backward
3. Backward Two-Foot Swizzles 6 – 8 in a Row
4. Forward Alternating ½ swizzle pumps, in a straight line – 2-3 each foot
5. Moving Snowplow Stop

BASIC 3 FREE SKATE:

1. Forward Stroking
2. Forward ½ swizzle Pumps on a circle, either clockwise or counter clockwise 4-6 consecutive
3. Backward One-Foot Glide (either foot)
4. Forward slalom
5. Two-Foot Spin

BASIC 4 FREE SKATE:

- Forward Crossovers 4-6 consecutive, Both Directions
Forward Outside 3-turn – R & L from a standstill
Backward Stroking
Backward One-Foot Snowplow Stop (either foot)

BASIC 5 FREE SKATE:

1. Backward Crossovers 4-6 consecutive, Both Directions
2. Basic one-foot Spin-free leg held to side of spinning leg - minimum of three revolutions
3. Side toe Hop, either direction
4. Hockey Stop

- BASIC 6 FREE SKATE:**
1. Standstill forward inside three-turn - R & L
 2. Bunny Hop
 3. Forward arabesque spiral on a straight line R or L
 4. Lunge - R or L
 5. T-Stop - R or L
- BASIC 7 FREE SKATE:**
1. Forward Inside open Mohawk, R to L & L to R
 2. Ballet Jump - either direction
 3. Back crossovers to a back outside edge landing position – clockwise & counter clockwise
 4. Forward inside pivot
- BASIC 8 FREE SKATE:**
1. Moving forward outside or forward inside 3-turns, R & L
 2. Waltz jump
 3. Mazurka in either direction
 4. 1 Combination move: clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge.
 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position - minimum of three revolutions.

FREE SKATE EVENTS: Free Skate 1 – 6 - For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed or one level higher but not both levels in the same event during the same competition.

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level. Music duration: 1:30 minutes (+/- 10 seconds).

- FREE SKATE 1:**
1. Advanced Forward Stroking (4-6 consecutive strokes)
 2. One-foot upright scratch spin from back crossovers - minimum three revolutions
 3. Waltz jump from Backward crossovers
 4. Half-Flip jump

- FREE SKATE 2:**
1. Forward outside spiral - R or L
 2. Beginning Back Spin
 3. Waltz jump-side toe hop- waltz jump
 4. Toe loop

- FREE SKATE 3:**
1. Forward crossovers in a figure 8
 2. Back Spin-minimum three revolutions
 3. Salchow
 4. Waltz jump/Toe loop or Salchow/Toe loop

- FREE SKATE 4:**
1. Forward Power 3s (2-3 consecutive sets), either R or L
 2. Sit Spin-minimum three revolutions
 3. Loop jump
 4. Waltz jump/Loop jump

- FREE SKATE 5:**
1. Camel Spin-minimum three revolutions
 2. Forward upright pin to back upright spin-minimum three revolutions each foot
 3. Loop/Loop combination
 4. Flip jump

- FREE SKATE 6:**
1. Camel/Sit Spin combination-minimum four revolutions total
 2. Split or Stag jump
 3. Waltz jump/half loop/Salchow combination
 4. Lutz jump

COMPETITIVE TEST TRACK

Skaters may enter either the Test Track Free Skate program or the Well-Balanced Free Skate program track, but not both, during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music allowed. 6.0 Judging will be used. All events are Well-Balanced Free Skate program events. Deductions will be made for skaters including technical elements not permitted in the event description. Skaters must be 20 years of age or younger as of the competition date. Vocal music is allowed at all levels.

Deductions will be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element.
- 0.1 for any spin with less than required revolutions.
- 0.1 each mark per 10 seconds time violation

Note: Skater may enter only one free skating event, either test track or standard, but not both. For example, a skater entering Novice Test Track may not also enter Novice Free Skate.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, not flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/-10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Juvenile Test Time: 2:15 +/-10	<i>Max 5 jump elements:</i> Any single jumps with not more than 1 ½ rotations (Axel permitted) <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate Test Time: 2:30 +/-10	<i>Max 6 jump elements:</i> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins of a different nature:</i> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/-10 Men 3:30+/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly	One step or spiral sequence (see rule 4220 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Test Time: Ladies 3:30 +/-10 Men 4:00+/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 4210 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/-10 Men 4:30+/-10	<i>Max 8 jump elements for men and 7 for ladies</i> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot).	Men: Two different step sequences. Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See charts in rule 4200 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

WELL-BALANCED FREE SKATE PROGRAM TRACK

Vocal music is permitted at the Intermediate and lower levels.

NO-TEST FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have not passed any U.S. Figure Skating Free Skating Test. Program in accordance with 4280 in the Rulebook.

PRE-PRELIMINARY FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have not passed the U.S. Figure Skating Preliminary Free Skate Test. Program in accordance with 4270 in the Rulebook

PRELIMINARY FREE SKATE: Program Duration: 1 Minute 30 Seconds (+/- 10 Seconds)

Open to skaters who have passed the U.S. Figure Skating Pre-Preliminary Free Skate test, but not the U.S. Figure Skating Pre-Juvenile Free Skate test.

PRE-JUVENILE FREE SKATE: Program Duration: 2 Minutes (+/- 10 Seconds)

Skaters must have passed the U.S. Figure Skating Preliminary Free Skate Test, but not the U.S. Figure Skating Juvenile Free Skate Test.

JUVENILE FREE SKATE: Open to skaters 13 years of age or under at close of entries.

OPEN JUVENILE FREE SKATE: Open to skaters 14 years of age or older at the close of entries.

FOR EITHER EVENT: Program Duration: 2 Minutes 15 Seconds (+/- 10 Seconds)

Skaters must have passed the U.S. Figure Skating Pre-Juvenile Free Skate Test, but not the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 4240 in the Rulebook.

INTERMEDIATE FREE SKATE:

Short program maximum duration: 2 minutes max. Free Skate program duration: 2 minutes 30 seconds (+/- 10 Seconds) Open to skaters who have passed the U.S. Figure Skating Juvenile Free Skate Test, but not the U.S. Figure Skating Novice Free Skate Test. Free Skate program in accordance with 4230 in the Rulebook The 2012-2013 Short Program elements as posted on the US Figure Skating website will be used.

NOVICE FREE SKATE:

Short program maximum duration: 2 minutes 30 seconds. Free Skate program duration: 3 minutes for ladies and 3 minutes 30 seconds for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Intermediate Free Skate Test, but not the U.S. Figure Skating Junior Free Skate Test. Free Skate program in accordance with 4220 in the Rulebook. The 2012-2013 Short Program elements as posted on the US Figure Skating website will be used.

JUNIOR FREE SKATE:

Short program maximum duration: 2 minutes 50 seconds. Free Skate program duration: 3 minutes 30 seconds for ladies and 4 minutes for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Novice Free Skate Test, but not the U.S. Figure Skating Senior Free Skate Test. Free Skate program in accordance with 4210 in the Rulebook. The 2012-2013 Short Program elements as posted on the US Figure Skating website will be used.

SENIOR FREE SKATE:

Short program maximum duration: 2 minutes 50 seconds. Free Skate program duration: 4 minutes for ladies and 4 minutes 30 seconds for men (+/- 10 Seconds). Open to skaters who have passed the U.S. Figure Skating Junior Free Skate Test or the Senior Free Skating Test. Free Skating program in accordance with 4200 the Rulebook. The 2012-2013 Short Program elements as posted on the US Figure Skating website will be used.

ADULT FREE SKATE

Events may be combined by age, sex, or level at the discretion of the Referee in order to give skaters an opportunity to compete. Where events at the different levels are combined, the elements from the lowest level will be skated. Please note that +/- 10 Second time allowances do not apply to Adult Events.

YOUNG ADULT BRONZE FREE SKATE: Open to skaters ages 18 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Preliminary Free Skate test. Program in accordance with 4590 in the Rulebook. No axel or multi-revolution jumps allowed. Free Skate program maximum duration: 1 minute 50 seconds.

ADULT BRONZE FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed no higher than the U.S. Figure Skating Adult Bronze Free Skating Test or the Preliminary Free Skating Test. Program in accordance with 4590 in the Rulebook. No axel or multi-revolution jumps allowed. Free Skate program maximum duration: 1 minute 50 seconds.

YOUNG ADULT SILVER FREE SKATE: Open to skaters ages 16 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Juvenile Free Skate Test. Program in accordance with 4580 in the Rulebook . Free Skate program maximum duration: 2 minutes 10 seconds.

ADULT SILVER FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed at least the U.S. Figure Skating Adult Bronze Free Skating Test, but no higher than the U.S. Figure Skating Juvenile or the Adult Silver Free Skating Test. Program in accordance with 4580 in the Rulebook . Free Skate program maximum duration: 2 minutes 10 seconds.

YOUNG ADULT GOLD FREE SKATE: Open to skaters ages 16 - 20 as of close of entries who have passed no higher than the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 4570 in the Rulebook . Free Skate program maximum duration: 2 minutes 40 seconds.

ADULT GOLD FREE SKATE: Open to skaters 21 years and older as of close of entries who have passed at least the U.S. Figure Skating Adult Silver Free Skate Test or the Standard Juvenile Free Skate Test, but no higher than the U.S. Figure Skating Intermediate Free Skate Test. Program in accordance with 4570 in the Rulebook . Free Skate program maximum duration: 2 minutes 40 seconds.

SHOWCASE - ARTISTIC

Skate time durations adhere to National Showcase requirements.

This event is to be skated as a rhythmic interpretation of the music selected by the skater; vocal or instrumental music may be used. Qualifications to compete in a given level are the same as the requirements for the same free skating level. One mark will be awarded based on the program components as described in the current Rulebook. Any jumps, spins, and footwork sequences incorporated into the program should be to enhance the above components. Base value and difficulty level of technical elements will not be a consideration in assigning the final mark. Novelty effects, such as lip-synching or dancing in place, are not desirable. Costumes should enhance the feeling created by the performance and reflect the meaning of the story or theme. Props, including hand-held, are not allowed. At the discretion of the referee, groups may be combined and/or divided.

Males and females will compete against each other.

Program duration (no minimum requirement but 0.2 deduction for exceeding maximum)

No Test, Limited Beginner, Beginner through Pre-Preliminary – 1:30 minutes maximum

Preliminary and Pre-Juvenile – 1:40 minutes maximum

Juvenile through Novice – 2:10 minutes maximum

Junior and Senior – 2:40 minutes maximum

Adults – 1:40 minutes maximum (this time matches Adult Nationals requirements)

SHOWCASE – LIGHT ENTERTAINMENT

Skate time durations adhere to National Showcase requirements.

These events are designed to portray a character or theme through the use of music and costume.

One mark will be awarded based on the following criteria:

- 1) Entertainment value. This principal element is comprised of showmanship, artistic, and theatrical qualities, and audience appeal.
- 2) Music and choreography. The performance must fit the music. The routine should use the full ice surface with the skating elements reflecting musical interpretation. Creativity and originality will be credited.
- 3) Skating. Skating elements should carry out the mood of the music/choreography and will be judged on how they enhance the performance and interpretation of the music. Difficulty of moves/elements will not be a factor. Choreography and skating ability should be consistent with the skating level entered.
- 4) Costumes and props. Costumes and props should reflect the music and must be appropriate for the performance and age of the skater. Props and scenery must be placed and removed by the competitor unaided within one minute total on and off.
 - The use of scenery and/or props is not mandatory.
 - All scenery will be portable and not require any mechanical means for transportation (i.e. forklift, etc) its movement will be the responsibility of the skater or teams.
 - For insurance reasons no propulsion devices will be permitted. This includes items such as cannons as well as trampolines.
 - The use of smoke, fire, liquids, live animals, feathers, bubble machines or any substance that may harm the ice surface and/or skaters is not permitted.
 - No mirrors or glass of any kind is allowed on the ice.
 - TRAMPOLINES OR OTHER SUCH APPARATUS USED TO ASSIST SKATERS JUMPING INTO THE AIR IS NOT PERMITTED. A 0.2 deduction will be taken

If insufficient entries are received, levels may be combined at the discretion of the referee. Males and females will compete against each other.

Program duration (no minimum requirement):

No Test, Limited Beginner, Beginner through Pre-Preliminary – 1:30 minutes maximum

Preliminary and Pre-Juvenile – 1:40 minutes maximum

Juvenile through Novice – 2:10 minutes maximum

Junior and Senior – 2:40 minutes maximum

Adults – 1:40 minutes maximum (this time matches Adult Nationals requirements)

Basic Skills Showcase Light (Snowplow – B8) – 1:10 maximum

Special Olympics Skater Showcase – 1:20 minutes maximum (Note: This Special Olympian Event is open to skaters who are receiving group or private instruction. Skaters age 8 years and older are eligible to compete. Skaters must be registered as Special Olympians through the Special Olympics office.)

Mandatory Deductions for Showcase Light Entertainment: 0.2 points will be deducted for each of the following:

- Marring the ice for succeeding skaters
- Exceeding 1 minute for setup & removal of props
- Programs over the maximum time limit
- Use of prohibited props or costume features

Note: There is no deduction for skating less than the allowed time.



2012 Skate Salt Lake Entry Form (Page 1)

Please print legibly to ensure accuracy.

Skater's Name _____ Phone # (____) _____

Address _____ City/State _____ ZIP _____

Skater's birth date ____/____/____ Male _____ Female _____

Skater's Club _____ US Figure Skating or Basic Skills # _____

Skater's or Parent's e-mail _____

Coach's Name _____ Coach's Phone # (____) _____

Coach's e-mail _____ Coach's PSA/USFS # _____

Event/Level (circle level entered)	Free Skate
Basic Skills Snowplow Sam Basic 1, Basic 2, Basic 3, Basic 4, Basic 5, Basic 6, Basic 7, Basic 8 Free Skate 1, 2, 3, 4, 5, 6	\$60.00
Competitive Test Track Limited Beginner, Beginner, Pre-Preliminary Test, Preliminary Test, Pre-Juvenile Test, Juvenile Test, Intermediate Test, Novice Test, Junior Test, Senior Test	\$75.00
Well-Balanced Free Skate No Test, Pre-Preliminary, Preliminary, Pre Juvenile, Adult Bronze, Adult Silver	\$75.00
Well-Balanced Free Skate (IJS) Juvenile, Open Juvenile, Intermediate, Novice, Junior, Senior, Adult Gold	\$95.00
Showcase – Artistic All levels	\$60.00 as first event \$35.00 as 2 nd /3 rd event
Showcase – Light Entertainment All levels	\$60.00 as first event \$35.00 as 2 nd /3 rd event

TOTAL AMOUNT DUE: _____ (Payable to "Salt Lake Figure Skating")

**2012 Skate Salt Lake
 PO Box 58801
 Salt Lake City, UT 84158**

2012 Skate Salt Lake Entry Form (Page 2)

All entrants must be at least a US Figure Skating Registered Basic Skills member. All entry forms must have the required signatures and skater's US Figure Skating number. This competition is sanctioned by the US Figure Skating.

Skater's Name _____

Highest test(s) passed:

Basic Skills _____ US Figure Skating Moves _____

US Figure Skating Free Skate _____

I certify that the above-named skater has entered to compete at the correct level:

(Signature of coach)

I certify that my PSA will be up-to-date as of July 1, 2012.

(Signature of coach)

I certify that the above-named skater is an amateur in good standing of the US Figure Skating and is eligible to enter the event(s) indicated:

(Signature of club officer)

(Title)

(Club)

(Signature of skater or parent/guardian if skater is under 18 year of age)

(Date)

Waiver and Medical Release

In consideration for acceptance of this application and participation in this event, I agree to assume all risks associated with participating in any activities of the competition, and hereby indemnify and hold harmless the US Figure Skating, Salt Lake Figure Skating and Salt Lake City Sports Complex, and all of their officers, employees and agents, jointly and severally, from any and all costs, expenses, damages, and losses of any kind arising from any injury, illness, or other harm sustained while participating in such activities.

Authorization to provide emergency medical service. If skater is a minor and will not be accompanied by a parent or guardian, the parent or guardian must grant permission to provide necessary medical service in the event of injury or illness of the skater.

I give permission for _____ (name of skater) to receive emergency medical care by qualified medical personnel if necessary.

(Signature of parent or guardian)

(Date)

**2012 SKATE SALT LAKE
PRACTICE ICE REQUEST FORM**

Practice Ice will be available Thursday, August 9 through Saturday, August 11, 2012. The cost is \$10.00 for each 30-minute session if mailed by July 6, 2012. After the deadline, practice ice is \$15.00 for each 30-minute session. Long and short programs are considered as two events. Every attempt will be made to play each skater's music, but this is not a guarantee. The playing order for music will be determined by a draw.

Skater's Name _____

Club _____

Skater's Street Address _____ City/State _____ Zip _____

Skater's Phone _____ Skater's e-mail _____

Coach's Name _____ Coach's Phone _____

Coach's e-mail _____

Event entered:

Level:

1. _____

2. _____

3. _____

4. _____

Comments:

Number of practice ice sessions requested _____ X \$10.00 = _____

Mail completed Entry Form and Practice Ice Form to:

2012 Skate Salt Lake
PO Box 58801
Salt Lake City, UT 84158

Practice Ice Questions to: Jennifer Lewis jlewis3376@msn.com



Planned Program Content

Mail to Skate Salt Lake Registrar, P.O. Box 58801, SLC, UT 84158
Form must be received by July 31, to avoid a late fee of \$10.00.

Juvenile___ Intermediate___ Novice___ Junior___ Senior___
Name of Competitor:_____

ELEMENTS IN ORDER OF SKATING

Elements - Short Program	Elements – Free Skate

Signature _____ Date _____

NOTE: Planned Program Content Form must be mailed by 7/31/12, to avoid a late fee of \$10.00



Skate Salt Lake
August 9-11, 2012
Special Rate: \$69.00 per night, plus tax

Rate valid for room with 1 king bed, or 2 queen beds

- Complimentary Full Hot Breakfast Buffet
- Complimentary Light Dinner
- Free Airport Shuttle
- Free High Speed Wireless Internet
- Free Morning Paper
- Extra Spacious Rooms
- Fridge/Microwave/Coffee Maker in Room
- Iron/Ironing Board/Hair Dryer in Room
- Interior Room Entrance
- Smoking Rooms available
- Indoor Pool/Whirlpool Spa/Fitness Room
- ADA Rooms Available
-

For Reservations:

Call 801-293-2051 or Email res.mid@crystalinns.com

Ask for Skate Salt Lake Group Rate

Additional Hotel Information can be found on the web site:

www.crystalinmidvalley.com



818 East Winchester Street, Murray, Utah 84107